

# Winter 2010 Class Schedule

January 4 - February 20, 2010

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
<b>Parent/Children</b> Ages 6 months-5 years w/parent	9:00-9:30 AM				9:00-9:30 AM	9:45-10:15 AM
<b>AquaTot</b> Ages 18-36 months w/parent			9:00-9:30 AM			10:45-11:15 AM
<b>Tot Swim &amp; Gym</b> Ages 18-36 months w/parent			9:45-10:15 AM			
<b>Pike (Beginner)</b> Ages 3-5 years	10:30-11:00 AM	3:30-4:00PM		4:30-5:00 PM	9:45-10:15 AM	9:00-9:30 AM 10:45-11:15 AM
<b>Eel (Adv. Beginner)</b> Ages 3-5 years	10:30-11:00 AM	3:30-4:00PM		4:30-5:00 PM	9:45-10:15 AM	9:00-9:30 AM 10:45-11:15 AM
<b>Ray/Starfish (Inter./Adv.)</b> Ages 3-5 years		3:30-4:00 PM	10:30-11:00 AM	4:30-5:00 PM		9:00-9:30 AM 10:45-11:15 AM
<b>Preschool Swim &amp; Gym</b> Ages 3-5 years	9:45-10:15 AM					
<b>Polliwog (Beginner)</b> Ages 6-12 years		4:15-5:00 PM		3:30-4:15 PM		11:30-12:15 PM
<b>Guppy (Advanced Beginner)</b> Ages 6-12 years		4:15-5:00 PM		3:30-4:15 PM		9:45-10:30 AM 11:30-12:15 PM
<b>Minnow (Early Intermediate)</b> Ages 6-12 years		4:15-5:00 PM		3:30-4:15 PM		9:45-10:30 AM
<b>Fish/Flying Fish (Inter./Adv.)</b> Ages 6-12 years				5:15-6:00 PM		11:30 -12:15 PM
<b>Youth S&amp;E Clinic</b> Ages 6-12 years (twice weekly)		5:00-6:00 PM		5:00-6:00 PM		
<b>Jr./Sr. High S&amp;E Clinic</b> (twice weekly)	3:00-4:00 PM		3:00-4:00 PM			
<b>AM Aqua (Ages 13+)</b>				9:00-9:45 AM		
<b>Junior Aqua Club</b> Ages 11-14 years		2:30-3:30 PM		2:30-3:30 PM		
<b>Aquacise (Ages 13+)</b>		10:00-11:00 AM		10:00-11:00 AM		
<b>H2O Fitness (Ages 13+)</b>	6:30-7:30 PM		6:30-7:30 PM			

(Schedule subject to change. Classes may be cancelled or re-organized based on enrollment.)

## Fees:

**Parent/Children:** FREE/Family \$45/Other \$85/Program participants

**AquaTot:** \$22/Family \$42/Other \$82/Program participants

**Preschool/School Age Swim Lessons:** \$40/Family \$57/Other \$85/Program participants

**Youth Stroke and Endurance Clinic (twice weekly):** \$25/Family \$45/Other \$85/Program participants

**Jr./Sr. High Stroke and Endurance Clinic (twice weekly):** \$50/All

**AM Aqua:** FREE/Family \$50/Program participants

**Junior Aqua Club:** FREE/Family \$25/Program participants

**Adult Water Fitness Classes:** FREE/Members \$85/Program participants