

Pool Schedule
April 18, 2010 - May 29, 2010

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim 6:00 - 9:00A	Lap Swim 6:00 - 9:00A	Lap Swim 6:00 - 9:00A	Lap Swim 6:00 - 9:00A	Lap Swim 6:00 - 9:00A	YMCA Closed	YMCA Closed
					Lap Swim 8:00 - 9:00A	
Open/ Lap Swim (1 lane) 9:00 - 11:00A	Open/ Lap Swim (1 lane) 9:00 - 10:00A Aquacise 10:00 - 11:00A	Open/Lap 9:00 - 11:00A	AM Aqua/ Lap Swim (1 lane) 9:00 - 10:00A Aquacise 10:00 - 11:00A	Open/ Lap Swim (1 lane) 9:00 - 11:00A	Lessons 9:00 - 11:30A	
Adult Lap 11:00A - 1:00P	Adult Lap 11:00A - 1:00P	Adult Lap 11:00A - 1:00P	Adult Lap 11:00A - 1:00P	Adult Lap 11:00A - 1:00P	Lessons/ Lap Swim (1 lane) 11:30A - 12:30P	
Open/Lap 1:00 - 2:00P	Open/Lap (1 lane) 1:00 - 2:00P	Open/Lap 1:00 - 2:00P	Open/Lap 1:00 - 2:00P	Open/Lap 1:00 - 2:00P	Adult Lap 12:30 - 2:00P	Adult Lap 12:30 - 2:00P
Senior/Open 2:00 - 3:00P	Senior/Open 2:00 - 3:30P	Senior/Open 2:00 - 3:00P	Senior/Open 2:00 - 3:30P	Senior/Open 2:00 - 3:00P	Family Swim 2:00 - 3:30P	Family Swim 2:00 - 3:30P
Open/Lap 3:00 - 4:00P		Open/Lap 3:00 - 4:00P		Open/Lap 3:00 - 4:00P	Rental 3:30 - 4:30P	
Rec Swim 4:00 - 5:00P	Lessons 3:30 - 5:00P	Rec Swim 4:00 - 5:00P	Lessons 3:30 - 5:00P	Rec Swim 4:00 - 5:00P	Open/Lap 4:30 - 5:30P	Open/Lap 3:30 - 4:30P
KYD 5:00 - 6:30P	Youth S&E Clinic/ KYD 5:00 - 6:00P	Open/Lap (1 lane) 5:00 - 5:30P	Youth S&E Clinic 5:00 - 6:00P	KYD 5:00 - 6:30P	YMCA Closed	YMCA Closed
		Rental 5:30 - 6:30P				
H2O Fitness 6:30 - 7:30P	KYD 6:00 - 7:30P	H2O Fitness 6:30 - 7:30P	KYD 6:00 - 7:30P	Family Swim 6:30 - 7:30P		
Open/Lap 7:30 - 8:30P	Open/Lap 7:30 - 8:30P	KYD 7:30 - 8:30P	Open/Lap 7:30 - 8:30P	Open/Lap 7:30 - 8:30P		

Recreational Swim: The pool is dedicated to playing, flotation, and FUN! Lap swimming is prohibited

Family Swim: Recreational swim at a discount! Members are FREE; Non-member families are only \$10/family

Lessons: The pool is dedicated to Adult/Youth lessons. Lap and recreational swimming is prohibited

Lap Swim: The pool is dedicated to swimming the length of the pool within the confines of lane markers only

Adult Lap Swim: The pool is dedicated to lap swimming for individuals ages 13 & older

Open/Lap: Half of the Pool is dedicated to recreational swim and the other half of the pool is dedicated to lap swimming

Senior/Open: Half of the pool is dedicated to senior lap swimming and the other half of the pool is dedicated to recreational swim

Aquacise, H2O fitness, AM Aqua The pool is dedicated to Adult Fitness classes for individuals ages 13 & older

KYD: The pool is dedicated to the KYD swim team

Rental: This is a time when only individuals involved in the rental of the pool are permitted to be in or around the pool