

Keene Family YMCA

2008 Summer Class Schedules

Session runs June 23rd - August 16

Class Registration Begins on the following Dates:

June 9th & on
June 12th & on
June 16th & on

Family Members
All Members
Program Participants

Aquatics

Parent/Child

Parent/Child Swim Class

(6mos - 5 years)
Family Members: Free
Youth Members: \$42
Program Participants: \$82
Mon 10:15 - 10:45am Max 12

Aqua Tot Class

(18 - 36 months)
Family Members: \$22
Youth Members: \$42
Program Participants: \$82
Wed 10:15 - 10:45am Max 12

Preschool Lessons

Family Members: \$37
Youth Members: \$52
Program Participants: \$77

Pike / Eel

(Beginner/Advanced Beg, 3 - 5 years)
Sat 9:30 - 10:00am Max 8

Youth Lessons

Family Members: \$37
Youth Members: \$52
Program Participants: \$77

Polliwog / Guppy

(Beginner/Advanced Beg, 6 + years)
Sat 10:15 - 11:00am Max 8

Adult Water Fitness

Members: Free
Program Participants: \$82

Aquacise (Ages 13+)
Tues & Thurs 10:00 - 11:00am Open

H2O Fitness (Ages 13+)
Mon & Wed 6:30 - 7:30pm Open

Home Pool

Safety Clinic
60-minute course
Program Fee: \$40

Swim Lessons
30-minute lesson
Program Fee: \$20



Lifeguarding

A.R.C. Guard Start
(9 - 14 years)
Program Fee: \$25
Date/Time TBD

Y.A.A. (prerequisite: Guard Start)
(9 - 14 years)
Program Fee: FREE
Date/Time TBD

Waterfront Lifeguard Training
(15+ years)
Date/Time/Price TBD

SPLASH

Program Fee: \$20 for each week

Open Registration begins: June 9th & on

June 23rd - June 27th
July 7th - July 11th
July 21st - July 25th
August 4th - August 8th

Ages 3-5 years 8:30 - 9:00am

Ages 6-12 years 9:15 - 10:00am

SPLASH-NASTICS

1/2 hour of Splash swim lessons & 1/2 hour of
Gymnastics lessons (15 min break after swim for locker room time)

Program Fee per week: \$20 each class or \$35 for both
Open Registration begins: June 9th & on

(3 - 5 years)
Pool 8:30 - 9:00am and or Gymnastics 9:15 - 9:45am

(6 - 12 years)
Pool 9:15 - 10:00am and or Gymnastics 10:15 - 11:00am

June 23rd - June 27th
July 7th - July 11th
July 21st - July 25th
August 4th - August 8



For more information on our Aquatic
programs, please contact Marc Roberge,
Aquatics Director @ 352-6002 ext. 232

Private / Semi Private Swim Lessons

30-minute lesson
Program Fee: \$20



Gymnastics/Youth Sports schedule
on reverse side

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June 9th & on

June 12th & on

June 16th & on

Family Members

All Members

Program Participants



Gymnastics



Toddler Gymnastics w/ parent

(18 mos - 3 years)

Family Members: FREE

Youth Members: \$42

Program Participants: \$82

Mon 9:45 - 10:15am Max 12

Wed 9:45 - 10:15am Max 12

Rollers, Swingers & Kippers

(6+ years)

Family Members: \$37

Youth Members: \$52

Program Participants: \$77

Wed 4:30 - 5:30pm Max 12

Preschool Gymnastics

(3 - 4 years)

Family Members: \$37

Youth Members: \$52

Program Participants: \$77

Wed 3:30 - 4:15pm Max 12

Gymnastics Team - All Levels - Members Only

Program Fee: \$130

Mon & Wed 3:30 - 5:30pm

Kindergymnastics

(5 - 6 years)

Family Members: \$37

Youth Members: \$52

Program Participants: \$77

Wed 3:30 - 4:15pm Max 8

Tumbling

(8+ years)

Family Members: \$37

Youth Members: \$52

Program Participants: \$77

Wed 6:30 - 7:30pm Max 8

For more information on our Gymnastic programs,
please contact Michelle Beam, Gymnastics Coordinator @ 352-6002 ext. 220

Youth Sports

Family Members: Free

Youth Members: \$37

Program Participants: \$77

Homeschool PE

(7 - 12 years)

Fri 10:30 - 11:30am

Keene Family YMCA

38 Roxbury Street

Keene, NH 03431

Phone: 603-352-6002

www.keene-ymca.org



Aquatics schedule on reverse side